

Course Content:

This two day seminar is appropriate for both beginners and current practitioners who work with dizziness and balance. The seminar includes didactic lecture material as well as hands-on training with lab instruction. Materials covered will instruct and review the anatomy, neurology, and interaction of the body's systems that contribute to balance. Various etiologies of dizziness and imbalance are explained, as well as signs and symptoms which help the practitioner create a plan of care. A thorough patient evaluation is reviewed. Case studies are used as examples. Finally, research is reviewed to support 'evidence based' practice.

Course Objectives:

1. Identify the 'Systems of Balance'
2. List bedside clinical tests for each system
3. Identify medications most commonly used for the patient with dizziness
4. Demonstrate clinical tests used to assess dizziness and balance
5. List treatments for balance deficits and dizziness

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Balance and Vestibular Therapy

CONTINUING EDUCATION:

For PT, PTA, OT, OTA

HOURS:

15 Hours in LA (PT/OT)

November 17-18, 2018

This course includes the evaluation and treatment of BPPV, a.k.a. "Loose Crystals" Vestibular and Central causes of dizziness and dysequilibrium!



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About The Instructor:

- Charles M. Plishka, PT, DPT is a graduate of Creighton University in Omaha, NE, and is a licensed Physical Therapist and owner of Posture & Balance Concepts, LLC.
- He has over 19 years experience evaluating and treating these special patient populations.
- Dr. Plishka is the President of the International Vestibular Physical Therapy Group (WCPT)
- He is the Secretary of the Vestibular Rehab Special Interest Group of the APTA



Day 1

7:45	Registration
8:00	The Balance System
9:00	The Vestibular System Anatomy
10:00	The Vestibular System Neurology
10:45	15-minute Break
11:00	Vestibular Reflexes
12:00	1-Hour Lunch Break
1:00	Visual System
2:00	Somatosensory System & Reflexes
2:45	15-minute Break
3:00	Medications
3:30	Clinical Tests & Treatments Available
4:00	Dizziness—Causes & Symptoms
5:00	End of Day 1

“After years of practicing, I finally feel like I have something new to contribute to my patient’s care!”

“I’m amazed! This information can be used with just about every single one of my patients!”

Day 2

7:45	Sign-In
8:00	Patient Interview
8:30	Evaluation of the Visual System
9:15	Lab: Visual System Evaluation
9:30	Evaluation of the Somatosensory System
10:00	Lab: Somatosensory System Examination
10:15	Evaluation of the Vestibular System
10:45	15-minute Break
11:00	Lab: Vestibular System: Evaluation
12:00	1-Hour Lunch Break
1:00	Balance & Gait Tests
1:30	Lab: Balance & Gait Tests
2:00	Treatments for Balance
2:45	15-minute Break
3:00	Treatments for Dizziness
3:30	Lab: Treatments for Balance & Dizziness
4:00	Evidence Based Treatment: Research
4:50	Question & Answer Discussion
5:00	End of Day 2— Course Completion

Register Online:
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Single Tuition \$300