

Course Description

Parkinson's Disease: Successful Treatment Strategies for Therapy

Length: 13 hours

Who Attends: PT, PTA, OT, OTA

Level: Beginner & Intermediate

This is a 2-day live continuing education course for therapists and assistants. The course presents a review of Parkinson's Disease (a.k.a. Parkinson's Syndrome) including: etiology, epidemiology, diagnosis, current treatments (medical, surgical, and therapy), and discussion of therapy-specific treatment issues and options. It also reviews recent research to discuss newer treatments being used. Finally, documentation, coding, and patient education are reviewed.

Course Objectives

1. Identify commonly seen signs & symptoms of Parkinson's
2. Identify possible etiologies of Parkinson's
3. Understand how the anatomical structures are involved in movement
4. Understand general treatment Issues faced by therapists
5. Understand the Stages of Parkinson's
6. Name Tests Used to Identify Fall Risk
7. Identify 3 treatment options
8. Understand how Motor Control Theories drive therapy practices
9. Identify Outcome Measures that may be used when assessing this patient population
10. Discuss Recent Research that offers new treatment strategies

PARKINSON'S DISEASE: Successful Treatment Strategies for Therapy

Audience:
PT, OT, & Assistants

About the Instructor



Charles M. Plishka, PT, DPT is a graduate of Creighton University in Omaha, NE, and is a licensed Physical Therapist and owner of Posture & Balance Concepts, LLC.

He has ten years experience evaluating and treating these special patient populations.

He is a member of the American Physical Therapy Association.

Register Online:
www.posturebalance.com



POSTURE & BALANCE CONCEPTS, LLC
PO BOX 77801
Baton Rouge, LA 70879
www.posturebalance.com
Toll Free: 888-811-1895



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Parkinson's Disease: Successful Treatment Strategies for Therapy

Day 1

- 7:45 Registration & Refreshments
- 8:00 Introduction to Parkinson's Disease
- 8:30 Anatomy of Parkinson's Disease:
 - ◇ Brain and Nervous System Involved
- 9:00 Pathophysiology: What goes wrong
- 10:00 *15-minute Break*
- 10:15 Motor Control
- 11:00 Stages of Parkinson's Disease
- 12:00 *1-Hour Lunch Break*
- 1:00 Outcome Measures Scales
- 2:00 *15-minute Break*
- 2:45 Evaluation Considerations:
 - ◇ When to evaluate
- 3:00 Evaluation Techniques
- 3:30 Assessing Fall Risk
- 4:00 End of Day 1

Day 2

- 7:45 Sign-In & Refreshments
- 8:00 Treatments: Medications, Surgical
- 9:00 Treatments: Therapy
- 9:30 General Treatment Issues:
 - ◇ Cognition & Learning
 - ◇ Dyskinesia & Tremors
 - ◇ Freezing
- 10:00 *15-min break*
- 10:15 Continue 'General Treatment Issues'
 - ◇ Balance
 - ◇ Transfers
 - ◇ Bed Mobility
- 12:00 *1-Hour Lunch Break*
- 1:00 Therapy-Specific Issues: PT
 - ◇ Gait, Assistive Devices
- 1:30 Therapy-Specific Issues: OT
 - ◇ Tremors, Handwriting, ADL's
- 2:00 *15-minute break*
- 2:45 Other Therapy Issues:
When is Speech Therapy Indicated?
- 3:00 New Treatments & Research
- 3:30 Coding & Documentation
- 4:00 End of Day 2— Course Completion

CONTINUING EDUCATION:

For: PT, PTA, OT, OTA

LOCATIONS & DATES:

April 10 & 11, 2010

Bert Fish Medical Center
401 Palmetto Street
New Smyrna Beach, FL

HOURS:

15.5 CEH approved in FL for PT & OT
12 CEU approved in LA for PT & OT

REGISTRATION DEADLINES:

Early Registration deadlines are 3 weeks prior to the course date

This course gives you a complete understanding of Parkinson's Disease.
RECENT RESEARCH is reviewed to give you
the tools for
SUCCESSFULLY
TREATMENT STRATEGIES !

Log Online Now To Register!

[Early Registration](#)

Individual: \$395 / Person
Multiple (2-4): \$375 / Person
Groups (5+) \$360 / Person

Late Registrations add \$ 50

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